Animal Models of Alzheimer Disease

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Significant insights into the function of genes associated with Alzheimer disease and related dementias have occurred through studying genetically modified animals. Although none of the existing models fully reproduces the complete spectrum of this insidious human disease, critical aspects of Alzheimer pathology and disease processes can be experimentally recapitulated. Genetically modified animal models have helped advance our understanding of the underlying mechanisms of disease and have proven to be invaluable in the preclinical evaluation of potential therapeutic interventions. Continuing refinement and evolution to yield the next generation of animal models will facilitate successes in producing greater translational concordance between preclinical studies and human clinical trials and eventually lead to the introduction of novel therapies into clinical practice.

Alzheimer disease (AD), the most common cause of dementia, accounts for approximately two-thirds of all dementia cases and afflicts more than 35 million individuals worldwide, including more than 5.4 million Americans. It is a relentlessly progressive disorder that typically manifests initially by severe loss of memory, particularly of episodic memory. At present, the disorder is not curable, thereby increasing the urgency of developing and characterizing relevant animal models to facilitate translational research and preclinical drug development.

Research progress over the past two decades, including the elucidation of AD susceptibility and causative genes as well as other proteins involved in the pathogenic process, has profoundly facilitated the development of genetically altered mouse models (see <http://www.alzforum.org/res/com/tra> for a listing of cur-

rently available models). Animal models have played a major role in defining critical disease-related mechanisms and have been at the forefront of evaluating novel therapeutic approaches, with many treatments currently in clinical trial owing their origins to studies initially performed in mice. Nevertheless, there are significant translational issues that have been raised of late, as there has been some potential discordance between preclinical drug studies and human clinical trials.

ASPECTS OF HUMAN AD MODELED IN TRANSGENIC MICE

The vast majority of AD cases are sporadic (sAD), and the causes underlying these cases remain unknown. Neuropathologically, AD is characterized by the accumulation of amyloid- β ($A\beta$) plaques and neurofibrillary tangles, in

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addition to widespread synaptic loss, inflammation and oxidative damage, and neuronal death. Notably, the neuropathology and clinical phenotype are generally indistinguishable in the early-onset familial versus the sporadic form of the disease, with the biggest difference being the age of onset (Selkoe 2002). Because the etiology of idiopathic AD is unknown, animal models have relied on the utilization of genetic mutations associated with familial AD (fAD), with the rationale that the events downstream of the initial trigger are quite similar. These genetic models have still been invaluable in determining the molecular mechanisms of disease progression and for testing potential therapeutics. Although no single mouse model recapitulates all of the aspects of the disease spectrum, each model allows for in-depth analysis of one or two components of the disease, which is not readily possible or ethical with human patients or samples.

Transgenic mice overproducing mutant APP develop pathology that is similar to that found in the human brain; importantly, A β accumulation into extracellular plaques occurs and is age-dependent—in other words, despite constant A β production, plaques only occur in mid to late adulthood in the majority of these animals. Notably, plaque formation is accelerated when the longer A β_{42} is preferentially cleaved from APP, as this peptide is more prone

to aggregation than A β_{40} and leads to earlier and more severe cognitive decline (reviewed in Findeis 2007). The importance of A β_{42} to disease progression was highlighted by showing that elevated levels of A β_{40} , the shorter, more common form of A β , actually prevented the formation of A β pathology in the widely used Tg2576 mouse model (McGowan et al. 2005). On the contrary, elevated levels of A β_{42} markedly exacerbated pathology in the same mouse model.

A β plaques found in the brains of AD transgenic mice are structurally similar to those found in the human brain; they initiate as diffuse plaques consisting mainly of A β_{42} , develop a dense A β_{42} core, and then incorporate A β_{40} , as well as numerous other non-A β components such as ubiquitin and α -synuclein (Yang et al. 2000). As in the human brain, these plaques stain positive with both thioflavin and Congo red, and show similar fibrillar structures by microscopy (Fig. 1).

Work in transgenic mice has highlighted the dynamic nature of extracellular plaques and has also aided in the clarification of important elements in both the brain environment and the A β peptide needed for aggregation of A β into plaques. Although formation of plaques in AD transgenic mice is typically age-dependent (as is AD pathology in humans), plaque formation occurs very quickly in the brains of older AD

Figure 1. Visualization of amyloid plaques in 3xTg-AD mice with classical stains. 3xTg-AD mice develop diffuse and fibrillar plaques, as detected with antibody 6E10 (A and B), thioflavin-S (C), Congo red (D), and Gallyas stain (E).

transgenic mice. This has been shown using a window in the skull of APP transgenic mice (Meyer-Luehmann et al. 2008) and further supported by data that plaque volume in aged AD transgenic mice rapidly returns to high levels within 30 days following plaque removal by immunotherapy (Oddo et al. 2004), in grafts of wild-type tissue into AD transgenic mouse brains (Meyer-Luehmann et al. 2003), and in the brains of prepathologic AD transgenic mice following injection with brain extracts from human AD brain or aged AD transgenic mouse (Meyer-Luehmann et al. 2006). These data indicate that the adult AD transgenic mouse brain is ripe for the development of A β pathology and the latter study also suggests that the ability of A β to act as a seed for aggregation is dependent on its source.

Most AD transgenic models exhibit memory impairments, with the cognitive deficits appearing to occur earlier than the appearance of extracellular plaques. These observations led to a search for earlier pathological species of A β that could be mediating cognitive decline. Research shifted to identifying the precursors to plaque formation and identifying how aggregation of A β was crucial to its toxicity. This led to the focus on soluble oligomeric A β species—low-molecular-weight aggregates up to ~150 kDa consisting of two to 30 A β peptides. As in AD transgenic mice, cognitive decline in humans is not proportional to A β plaque load (Terry et al. 1991), but does correlate with soluble A β species (Wang et al. 1999). However, in humans, unlike AD transgenic mice, cognitive decline does not begin until there is a large quantity of A β accumulation in the brain, including large amounts of amyloid plaques and probably oligomers. The latest data now indicate that soluble oligomeric species play a critical role in the pathogenicity of AD (for reviews, see Haass and Selkoe 2007; Walsh and Selkoe 2007). Evidence supporting involvement of soluble A β oligomers in AD is present in human postmortem brain tissue (Naslund et al. 2000; Kokubo et al. 2005); however, much of the evidence for the toxicity of oligomeric A β and its central part in AD has come directly from the use of transgenic mouse models of AD.

Intraneuronal A β has also gained experimental support in recent years (LaFerla et al. 2007). As in human AD and Down syndrome patients (who develop AD-like pathology by the fifth decade), many APP AD transgenic mice exhibit intraneuronal amyloid accumulation. The accumulation of intracellular A β has been shown to precede extracellular deposition in both human (Gyure et al. 2001; Mori et al. 2002) and some mouse studies (Oddo et al. 2003b). In fact, it was found in transgenic mice that intraneuronal A β strongly correlates with initial deficits on a hippocampal-based memory task (Billings et al. 2005). Data from transgenic AD mice also indicate that intraneuronal A β is more neurotoxic than extracellular A β (Casas et al. 2004).

The other hallmark pathology of human AD are the intraneuronal aggregates of hyperphosphorylated tau known as neurofibrillary tangles (NFTs) (Fig. 2). The amyloid cascade hypothesis predicts that tau hyperphosphorylation occurs as a downstream consequence of A β accumulation. APP-overexpressing transgenic mice have provided evidence both for and against this. Unlike humans with AD, these mouse models do not develop NFTs, yet many do show increased tau hyperphosphorylation (reviewed in Gotz et al. 2007). This could be because (1) human A β accumulation is not sufficient to cause NFT formation; (2) rodent tau has a different structure and sequence that may not be prone to aggregate formation; (3) the life span of mice is not prolonged enough to allow for enough hyperphosphorylation/aggregation as these pathologies develop over decades in humans; or (4) a combination of these. So whereas A β accumulation in APP overexpressing mice does not lead to NFT formation, it should be remembered that these animals still develop robust cognitive decline and also undergo more subtle alterations in tau that resemble the precursors to NFTs in the human brain (most notably hyperphosphorylated tau).

To model the NFTs seen in human AD it has been necessary to develop transgenic mice that express further gene alterations in addition to mutated APP such as mutated human tau (Lewis et al. 2001; Oddo et al. 2003b) or removal

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Figure 2. 3xTg-AD mice develop Gallyas-positive intraneuronal tangles. Age-dependent accumulation of Gallyas-positive aggregates within hippocampal neurons are observed in 3xTg-AD mice.

of nitric oxide synthase 2 (Wilcock et al. 2008). These multigenic AD transgenic models do develop NFTs similar to those seen in human brain and have aided the explication of the relationship between A β and tau (reviewed in Blurton-Jones and LaFerla 2006) with A β pathology seeming to precede the onset of tau pathology (Fig. 3), consistent with the amyloid cascade hypothesis. In addition to providing evidence that A β accumulation occurs proximal to the onset of tau pathology, multigenic models of AD have also allowed us to determine how

manipulation of A β affects tau and vice versa. Some of the strongest data supporting tau pathology as a downstream event of A β accumulation have come from the study of these mice. For example, in the 3xTg-AD mice, which contain human APP, PS1, and tau mutant transgenes, appearance of intraneuronal A β precedes somatodendritic accumulation of tau (Oddo et al. 2003a). Furthermore, removal of intraneuronal A β via immunotherapy leads to the removal of somatodendritic tau shortly afterward, providing the tau is not aggregated (Oddo et al. 2004). It was also found that A β oligomers inhibit proteasome function, which normally serves to degrade excess tau proteins, leading to tau accumulation (reviewed in (Oddo 2008). Such impairments in proteasome activity have been shown in human AD as well (Keller et al. 2000).

A further connection between A β aggregation and downstream pathologies, such as tau, exists in the inflammatory response present in AD. Inflammation in AD is not exactly modeled in mice, as there are differences between humans and AD transgenic mice with respect to the nature and severity of the inflammation (Webster et al. 1999; Mehlhorn et al. 2000), yet AD transgenic mice are still valuable for revealing which aspects of inflammation may be key for the development or elimination of downstream pathologies. Data from AD transgenic

Figure 3. Pathways by which A β facilitates tau pathology. Several pathways have been implicated in the hyperphosphorylation and aggregation of tau in neurons. These include inflammation, proteasome impairments, impairments in autophagy, increased kinase activity, and decreased phosphatase activity, as well as impeded axonal transport.

mice indicate that inflammation, including activation of complement and various cytokines, occurs downstream from the aggregation of A β (reviewed in Akiyama et al. 2000), and more specifically, in association with fibrillar A β (Kitazawa et al. 2005). Many of these inflammatory mediators that are up-regulated by A β can serve to increase tau pathology (reviewed in Blurton-Jones and LaFerla 2006). For example, activation of Cdk5 following an inflammatory response leads to tau hyperphosphorylation (Kitazawa et al. 2005). There is also production of reactive oxygen species as a result of this inflammatory response (Steele et al. 2007), which is damaging to cell membranes and may further exacerbate the inflammatory response. In both humans and AD transgenic mice, A β plaques are surrounded by activated microglia and astrocytes; thus even as the activation of the inflammatory response in AD can lead to the detrimental effects discussed above, activated microglia act in a beneficial manner by attempting to phagocytose A β plaques (Wyss-Coray and Mucke 2002). In support of the hypothesis that inflammation may have favorable effects in AD, acute inflammation, as brought about by treatment with lipopolysaccharide (LPS), has been shown to clear A β plaques (DiCarlo et al. 2001) in AD transgenic mice, whereas more chronic LPS treatment potentiates tau pathology (Kitazawa et al. 2005). Active and passive immunotherapy strategies using A β or antibodies against A β , respectively, have also proven useful in reducing plaque and, subsequently, tangle pathology as well as cognitive deficits in AD transgenic mice. The stimulation of microglia is one mechanism that appears to be involved in the reduction of plaque burden (reviewed in Morgan 2006) and further supports the idea that an inflammatory response in the AD brain has some positive effects.

MODELS BASED ON GENE ABLATION

In addition to transgenic mouse models, which overproduce and recapitulate the A β and tau pathologies that are associated with AD, numerous genetically modified mice have been

produced that lack genes associated with this disorder. Although these mice do not recapitulate the human pathological phenotype per se, they have proven useful in elucidating the molecular mechanisms underlying the pathology, as well as identifying some of the other pathways that are the targets of crucial drugs. Specifically, knockout mice have been made of the APP secretases (BACE, presenilin [1 and 2], and ADAM 10 and 17; Shen et al. 1997; Herreman et al. 1999; Luo et al. 2001; Hartmann et al. 2002; Lee et al. 2003). In addition, both APP and tau knockout mice have proven invaluable in understanding disease progression, as well as in identifying physiological roles for the APP protein (Zheng et al. 1996; Takei et al. 2000).

The presenilins were identified as being a crucial component of γ -secretase in 1995, and their presence necessary for the production of A β . As such, the presenilins and the γ -secretase complex quickly became the primary small molecular drug target for AD. Presenilin 1 knockout mice were produced in 1997, and it was shown that homozygous knockout of PS1 was lethal, with developmental defects in both the central nervous system (CNS) and skeletal systems (Shen et al. 1997). Hence, the production of these mice were the first indications that presenilin, and the γ -secretase complex, had vital roles outside of the production of A β , and that inhibiting it may lead to undesirable off-target effects. Despite these early indications, and a wealth of subsequent publications showing numerous substrates for the γ -secretase complex (Beel and Sanders 2008), regulating many signaling pathways—including suppression of skin cancer (Zhang et al. 2007), as well as roles in calcium dyshomeostasis (Green and LaFerla 2008) and autophagy (Lee et al. 2010; Neely et al. 2011)—efforts progressed toward developing γ -secretase inhibitors and a great number of highly specific compounds were identified. These inhibitors have recently been tested in phase III clinical trials, and consistent with the wealth of data obtained from presenilin knockout mice, one of these was found to cause increased cognitive decline, and increased the incidence of skin cancer (Schor 2011). As such these inhibitor

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programs have largely been abandoned in preference for more APP selective γ -secretase inhibitors, or γ -secretase modulators, which do not inhibit the γ -secretase complex, but alter where it cleaves APP to generate less aggregate-prone species of A β .

BACE1 is the sole β -secretase enzyme, and its activity is also crucial for the production of A β . Several groups first identified it in 1999 (Hussain et al. 1999; Sinha et al. 1999; Vassar et al. 1999), but its physiological functions were unclear. As with presenilin and the γ -secretase complex, its cloning and identification made the creation of BACE inhibitor programs a primary target for the treatment of AD. Contrary to presenilin-deficient mice, BACE1 knockout mice were found to be healthy and viable with no obvious defects (Luo et al. 2001; Roberds et al. 2001) and, importantly, no longer produced any A β . Thus, BACE1 appears a much more attractive drug target that the γ -secretase complex owing to a lack of obvious deficits when its activity is ablated. As proof of concept that targeting of BACE1 for the treatment of AD would be effective, BACE1 knockout mice were crossed with the Tg2576 mice. The absence of BACE1 prevented cognitive decline in these animals and markedly reduced A β levels (Ohno et al. 2004). These BACE1 knockout mice have also been used to identify substrates other than APP and have highlighted β subunits of voltage-gated sodium channels (Dominguez et al. 2005; Wong et al. 2005; Kim et al. 2011), klotho (Bloch et al. 2009), and neuregulin-1 (Hu et al. 2006; Willem et al. 2006), which is essential for myelination of both peripheral and central neurons. Hence, BACE1 appears to have a role in the developmental myelination of the nervous system, with BACE1 knockout mice showing significantly reduced levels of myelination and myelin thickness (Hu et al. 2006; Willem et al. 2006). Further analyses revealed that BACE1 knockout mice had increased pain sensitivity and reduced grip strength (Hu et al. 2006). However, these deficits may be due to developmental issues that do not arise when BACE1 is ablated or inhibited in the developed/aged organism, and thus far, no conditional BACE1 knockout mice

exist to test this issue. Peripheral remyelination has been investigated in mature BACE1 knockout mice and has been shown to be impaired (Hu et al. 2008), yet axonal regeneration is enhanced following axotomy (Farah et al. 2011), suggesting a possible unwanted side effect of systemically administered BACE1 inhibitors.

Related to these deficits in myelination in BACE1 knockout a mouse, careful reanalysis has revealed subtle deficits in prepulse inhibition, hypersensitivity to a glutamatergic psychostimulant, cognitive impairments, and reduced dendritic spine densities (Laird et al. 2005; Savonenko et al. 2008). Collectively, BACE1 knockout mice have established BACE1 as a primary target for the treatment of AD with minimal off-target effects, but have highlighted its role in both myelination and regulation of the levels of voltage-gated sodium channels, suggesting that there could be some deleterious side effects from inhibiting BACE1 in the mature body/CNS. Regardless, inhibiting BACE1 in the adult brain appears to be far less problematic than inhibiting the presenilins and the γ -secretase complex, and remains a far safer target.

Given the information gleaned from BACE1 knockout mice, why is it that a γ -secretase inhibitor has been through a phase III clinical trial, whereas no BACE1 inhibitor results have come to light? This appears to be due to limitations of the compounds discovered thus far. BACE1 has a large active site, and it has been challenging to find compounds that cross the blood–brain barrier and are large enough to inhibit the active site without being broken down by endopeptidases (Huang et al. 2009). However, some promising compounds have been reported to lower A β levels in transgenic mice (Chang et al. 2004; Hussain et al. 2007; Fukumoto et al. 2010; Lerchner et al. 2010) and primates (Sankaranarayanan et al. 2009), and human clinical trials are ensuing.

Tau knockout mice have shed light on the mechanism by which A β induces cognitive deficits in APP transgenic models. Curiously, plaque load does not correlate well with cognitive decline in AD patients (Nagy et al. 1995), whereas cognitive deficits are detected in most APP transgenic mice prior to plaque deposition

(Billings et al. 2005). Furthermore, the involvement of tau in the pathogenesis of AD has never been fully understood—mutations in APP or presenilin lead to AD, but mutations in tau lead to their own neurodegenerative diseases. Tau becomes hyperphosphorylated during the AD process, and aggregates into NFTs. Many lines of evidence indicate that the presence of A β pathologies can activate kinases, down-regulate phosphatases, and impair degradation of tau, leading to tau pathology (Blurton-Jones and LaFerla 2006). However, what is the consequence of these tau pathologies on cognition and neuronal/synaptic loss, compared with the consequences of A β pathology alone? Notably, it has been shown that crossing APP transgenic mice onto a tau knockout background prevents all cognitive deficits associated with the presence of APP and A β (Roberson et al. 2007), including reduced spontaneous seizures (Palop et al. 2007) and long-term potentiation (LTP; Shipton et al. 2011). The absence of tau has no effect on the development of A β pathologies, including plaque load. Hence, endogenous murine tau is necessary for APP and A β to mediate its effects on cognition, LTP and hyperexcitability of neurons. These exciting discoveries have shed light on the crucial role that tau may play in directly mediating the effects of A β on cognition and other adverse effects. Notably, APP transgenic mice do not develop extensive tau pathologies on their own—some hyperphosphorylation is seen, but the tau remains soluble and does not resemble the NFTs found in the human disease. Hence, soluble tau may be more important to the disease process than tau that has aggregated into NFTs. During the disease process, the axonal protein tau becomes mislocalized to the soma and dendrites. Accumulation of tau within the dendritic spines impairs synaptic function (Hoover et al. 2010), but only when the tau is phosphorylated. It has been shown that tau present in the dendrites can target the protein kinase Fyn to the postsynaptic membranes (Ittner et al. 2010). Once there, it phosphorylates the NR2b subunit of the NMDA (*N*-methyl-D-aspartate) receptor, causing it to stabilize with PSD-95. This stabilization leads to a greater

influx of calcium through the NMDA receptor and can be synaptotoxic. Notably, A β oligomers can interact with NMDA receptors and so it may be the combined effects of both A β and tau that drive the effects at the synapse and lead to impaired cognition, LTP, hyperexcitability, and changes in dendritic spine morphology and density. Hence, the use of tau knockout mice, if the effects seen are relevant to human AD, has radically changed our understanding of the role of tau in disease progression, and the nature of the relationship between A β and tau and their effects on cognition. Importantly, these studies and mice have highlighted an important role for tau outside of AD, but more generally in excitotoxicity.

TRANSLATIONAL ISSUES

More than 15 years have passed since the first transgenic models were derived that recapitulated aspects of AD pathology. Somewhat surprisingly, since that time, no new therapies for AD have been approved and introduced into the clinic, and the two currently approved drug classes (acetylcholinesterase inhibitors and memantine) were not tested in these transgenic mice prior to the clinic. This stark reality begs the question of how useful have these animal models actually been for the field? Have they been a distraction to the real issues facing an AD patient, or will their continued use bear fruits over the coming years? Why have so many therapies and interventions been successful in these models, but have universally failed when evaluated in clinic trials? Although an in-depth discussion of these questions is beyond the scope of this review, we will touch on some of the translational issues (Box 1).

The most widely used animal models in the field are in fact models based on the genetics of familial AD. Less than 1% of AD cases are due to autosomal-dominant AD, rather than sporadic AD, so the obvious initial question is whether fAD and sAD are the same phenotypic disease or are there subtle differences between the pathologies that would allow a treatment to work in one but not the other. By all pathological counts, they are essentially

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BOX 1. TRANSLATIONAL CONCERNS WITH ANIMAL MODELS

- There is lack of concordance between preclinical models and human clinical trials.
 - Potential reasons: wrong targets, incomplete models, lack of variability among individuals in the models, patients enrolled too late, comorbidities
- Humans enrolled in clinical trials are heterogeneous, whereas most models utilize in-bred strains on mice.
 - Potential solution: evaluating novel treatments in multiple lines may help address this point
- There is lack of substantial cell and synaptic loss in the majority of rodent models, suggesting the models better represent the prodromal phase of the disease.
- Models are of familial AD, and most people have sporadic AD.

the same disease, with abundant plaque and tangle accumulations in the same brain areas as well as high levels of synaptic and neuronal loss. The differences appear to be what causes the buildup of the pathologies in the first place. In fAD, a mutation in APP or PS1/2 causes the accumulation of A β , whereas the causes of A β accumulation in sAD are unclear, but likely to be a combination of genetic and environmental factors. Both are highly influenced by aging, with fAD manifesting at younger ages, and being more aggressive in its progression. A priori, one could postulate that fAD might be harder to treat than sAD, because of the aggressiveness of the pathology. Hence, transgenic mice that model fAD, and do so in a very short time frame (1–2 years) should be the hardest to treat, and should therefore translate to sAD very effectively. Obviously, the plethora of numerous failed clinical trials indicates that this is not the case, and so why do so many treatments show success in these aggressive mouse models of fAD and then fail in patients with sAD?

Although there are numerous hypotheses that may account for the discordance in results between preclinical animal models and human clinical trials, no doubt one of the most significant may be that many AD models do not recapitulate the extensive neuronal loss observed in the human condition. Human imaging studies and clinical–pathological studies show that patients with mild–moderate AD already have not only brain atrophy but also extensive neuronal loss in several brain regions. The therapies

that are being pioneered in mouse models are primarily targeting the pathologies modeled and not dealing with the issue of extensive neuronal loss. Hence, many of these therapies may be effective at preventing or clearing the pathology, and hence the disease, but are ineffective in people in which the pathology has already destroyed a huge proportion of the neurons that they need for memories and cognition. The acetylcholinesterase inhibitors were developed following studies identifying cholinergic loss as being a highly important factor in AD cognitive decline.

This raises two pertinent questions: First, why do mice not recapitulate the neuronal loss seen in the disease, and, second, can we develop models that do develop similar loss in which therapeutics can be evaluated? We believe that the fundamental reason why transgenic mice do not develop extensive neuronal loss, like human AD patients, is the amount of time needed. In human AD, disease progresses over decades. During this time synaptic disturbances, such as those measured in transgenic mice, could eventually lead to neuronal death. The two years during which we keep most transgenic APP mice may not be long enough for this to occur. Other issues also clearly play a role, such as background strains, such as the widely used C57/Bl6, which may be more resistant to excitotoxicity and heterogeneity of humans versus inbred mouse strains, as well as fundamental differences between mice and humans. For example, it is well established that APP transgenic mice have cognitive decline prior to plaques,

and prior to any measurable neuronal loss. Furthermore, A β oligomers have been universally shown to impair LTP in countless studies, and it is easy to then connect this to the cognitive impairments seen in these mice. Yet there is no evidence that A β causes cognitive decline in humans prior to plaques (and neuronal loss). If A β impairs LTP in the human brain in the same, robust, fashion that it does in the rodent brain then presumably humans would experience cognitive decline in the absence of both plaques and neuronal loss whenever A β oligomers could first be detected (Kuo et al. 1996; Tomic et al. 2009; Woltjer et al. 2009), and this cannot be explained by cognitive reserve. This has not yet been shown to occur, suggesting that it is possible that A β may have different modes of action in the rodent brain compared with that of a human.

So how do we develop therapies that target the neuronal loss and how do we then test and validate them in vivo, prior to the clinic? Clinical trials for AD are expensive—upward of \$10–20 million for a well-powered phase II/III trial. Hence, only the most promising compounds can be brought into the clinic, and every failure is costly and discouraging to alternative future trials. It should be noted that prevention trials have not yet been feasible, in part owing to a lack of biomarkers and the extreme expense associated with the numbers of people needed and the amount of time for which they would have to be evaluated, and therefore trials have only used cognitive outcome measures in usually mild–moderate AD patients—which means they already have extensive plaque and tangle loads, and that these have already caused extensive neuronal damage and loss, which in turn causes dementia. We have developed a novel approach to this problem by using an inducible transgenic mouse model of neuronal loss (Yamasaki et al. 2007). We use the tetracycline-off system to drive expression of diphtheria toxin A chains in neurons under control of the Calmodulin Kinase II promoter. By withdrawing doxycycline from the diet, we can specifically ablate neurons in regions of the brain that are impacted in AD, and we can titrate that loss to levels seen in the AD brain. Mice show cognitive

impairments, as expected, and can then be used to identify treatments that can improve cognition in the presence of extensive neuronal loss, such as that seen in AD patients. We are taking the approach of combining therapy testing in this model alongside a traditional APP/tau transgenic mouse, such as the 3xTg-AD, to identify treatments that can improve cognition in the presence of A β and tau pathologies, but also neuronal loss. This ensures that only the best therapies will be selected and proposed as clinical candidates.

If 15 years of using transgenic mouse models of AD have yielded no positive clinical results, then have these mice been a failure or even a distraction from the real problems with AD? The answer is unequivocally no—many novel approaches to reducing AD pathology have been discovered and developed in these transgenic mice, and will probably progress into successful clinical trials when we find ways to target prodromal stages of the disease through biomarkers, or attempt prevention. It is through these approaches that we will one day be able to prevent the occurrence of the disease as we age. For example, immunotherapy was developed in APP transgenic mice and could not have been proven to clear pathology without them. Immunotherapy has progressed into numerous clinical trials and has been shown to reduce both A β and tau levels in patients (Boche et al. 2010), as shown in mouse models (Schenk et al. 1999; Oddo et al. 2004). The effects on cognition have been mixed—benefits have been seen in patients without the apoe4 allele, but not in those with apoe4—which accounts for ~60% of patients. As targeting the plaques does nothing to address the extensive neuronal loss that has occurred in these patients, hints of effects on cognition are extremely promising. We would predict, from this, that immunization as an AD preventative may be effective. Furthermore, encephalitis caused by immunotherapy in a small cohort of patients may not occur before abundant A β deposits are found throughout the brain.

Other potential therapeutics developed in AD transgenic mice may yet show clinical success, either as preventatives or as treatments.

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Some promising approaches include the copper/zinc chelator PBT2 (Adlard et al. 2008), which has shown efficacy in phase II clinical trials (Faux et al. 2010), and *scyllo*-inositol (McLaurin et al. 2006), which breaks up A β oligomers. Many companies are now exploring potential cognitive enhancers in AD transgenics, such as $\alpha 7$ agonists (Marighetto et al. 2008), phosphodiesterase inhibitors (Puzzo et al. 2009; Verhoest et al. 2009), H3 antagonists (Medhurst et al. 2007), and other approaches. Perhaps targeting cognitive decline in the presence of pathology will be more successful than targeting the pathology alone, which has been the trend of the past decade, or using a combination approach.

CONCLUSIONS

What will the next generation of transgenic models of AD bring, and how can they be developed to help develop therapeutics and preventatives for sporadic AD? A new era will be ushered in as other types of animal models are produced. For example, there may be advantages to moving away from mice and rats and genetically modifying other smaller animal species, particularly those in which the endogenous A β sequence is identical to humans and those in which processing of tau is more closely aligned to humans. In addition, we need to find ways to model sporadic AD, rather than familial AD. This means that the animals will need to develop pathology because they age, rather than because their genes program them to do so. Once such an animal is produced we will be able to study which aspects of the aging process drive the pathology in the first place, and then target them for prevention. We have already proposed using alternative models of neuronal loss to supplement AD pathology models, and think that this is also a good approach. Making such models will be challenging and will require a great deal of investment, both time and financial, and not all approaches will work. However, we need to improve on the current batch of AD transgenics and look to future so that we will be able to treat and prevent this insidious disease.

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