Vascular Anomalies: From Genetics toward Models for Therapeutic Trials

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Vascular anomalies are localized abnormalities that occur during vascular development. Several causative genes have been identified not only for inherited but also for some sporadic forms, and the molecular pathways involved are becoming understood. This gives us the opportunity to generate animals carrying the causative genetic defects, which we hope to model the phenotype seen in human patients. These models would enable us not only to test known antiangiogenic drugs, but also to develop novel approaches for treatment, directly targeting the mutated protein or molecules implicated in the pathophysiological signaling pathways.

Vascular anomalies are localized lesions of blood vessels that occur because of defects during angiogenesis. On the basis of biological and clinical criteria, they can be divided into vascular tumors and vascular malformations (Mulliken and Glowacki 1982). Whereas hemangiomas account for the majority of vascular tumors, vascular malformations comprise venous, capillary, arterial, lymphatic, and combined malformations (Boon and Vikkula 2008). These lesions can either cause limited aesthetic harm or be of major medical concern because of painlessness, bleeding, and destruction of tissues leading to diminished function. Although small lesions can often be well treated, therapies are limited for complicated lesions, necessitating the development of novel approaches. To this end, known antiangiogenic drugs are being tested for some vascular anomalies, and mouse models are being generated on the basis of etiopathogenic causes (summarized in Table 1).

HEMANGIOMA

Infantile hemangiomas (IHs) are the most common benign tumors of infancy, appearing in ~10% of neonates of European origin. IHs affect females more frequently than males, at a ratio of 3:1 (Boscolo and Bischoff 2009). They are mostly located on the head and neck (60%) and mostly involve the skin and subcutaneous tissue (Fig. 1A) (Boscolo and Bischoff 2009).

Infantile hemangiomas are characterized by a proliferating phase with rapid increase in...
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tumor size until the age of 6–12 mo, followed by an involuting phase, during which IHs spontaneously regress and eventually disappear by the age of 5–10 yr (Mulliken and Glowacki 1982; Boscolo and Bischoff 2009). Depending on the size and location, IHs can lead to tissue and organ damage and even become life-threatening. The proliferating phase of IH is histologically characterized by the presence of small vascular channels composed of clonal endothelial cell (EC) clusters mixed with pericytes, dendritic cells, and an elevated number of mast cells. Undifferentiated endothelial cells expressing the human stem cell marker CD133 are also present. The theory of nascent endothelium is supported by the expression of angiogenic factors and receptors: vascular endothelial growth factor A (VEGF-A), VEGF-receptors VEGFR-1 and VEGFR-2, basic fibroblast growth factor (bFGF), TIE2, and

Figure 1. Selected vascular anomalies. (A) Hemangioma on forearm. (B) Venous malformation (VM) on tongue. (C) Glomuvenous malformation (GVM) on foot. (D) Arteriovenous malformation (AVM) on hand. (E) Capillary malformation (CM) of capillary malformation—arteriovenous malformation (CM-AVM) on back. (F) Hereditary hemorrhagic telangiectasias (HHT) on lips. (G) Primary lymphedema on right leg.
angiopoietin-2 (ANGPT2) (Boscolo and Bischoff 2009). The involuting phase, on the other hand, is characterized by more prominent vascular channels covered by flat, normal-appearing ECs in a fibrous-fatty matrix, devoid of clusters of immature cells (Mulliken and Glowacki 1982; Boscolo and Bischoff 2009).

The molecular basis of the usually sporadically occurring IHs is unknown, but rare familial cases and epidemiological studies support the idea of a genetic influence (Chiller et al. 2002; Haggstrom et al. 2007). Autosomal-dominant inheritance in five families allowed the identification of a possible locus on 5q31-33 containing three candidate genes (Blei et al. 1998; Walter et al. 1999).

Germline nucleotide substitutions in VEGFR2/KDR and the integrin-like receptor TEM8/ANTXR1 are enriched in affected individuals (Jinnin et al. 2008). These mutant receptors can sequester β-integrin in a complex that negatively regulates β-integrin activity and NFAT transcriptional function, resulting in reduced expression of VEGFR1. A low level of VEGFR1, in turn, translates into lower sequestering of VEGF-A, which thus is able to bind to and activate VEGFR2 and its downstream target ERK (Jinnin et al. 2008). Addition of soluble VEGFR1 or silencing of VEGFR2 in hemangioma ECs (hemECs) reduces VEGFR2 signaling and the high proliferative activity of ECs (Jinnin et al. 2008). This fits with the consistent detection of increased VEGF-A levels in hemangiomas, hemECs (Takahashi et al. 1994; Chang et al. 1999; Jinnin et al. 2008), and in serum of patients with proliferating hemangiomas (Zhang et al. 2005).

Current treatments of IH are based on the β-adrenergic receptor antagonists propranolol or acebutolol, as well as corticosteroids. β-blockers might act through down-regulation of angiogenic factors, such as VEGF and bFGF, and up-regulation of apoptosis of capillary ECs (Leaute-Labreze et al. 2008). They may also inhibit the angiogenic and extracellular matrix degrading molecule MMP9 (Annabi et al. 2009). Bradycardia, hypotension, asthma, and hypoglycemia are possible side effects (Holland et al. 2010). Corticosteroids, on the other hand, bear the risk of Cushingoid facies, growth disturbance, immune system dysfunction, gastric ulcer, and personality changes; and 30% of patients do not respond (Boon et al. 1999). The use of agents including chemotherapeutic interferon-α, vincristine, and cyclophosphamide is restricted to IHs that do not respond to conventional therapies because of severe side effects and toxicity (Greinwald et al. 1999; Enjolras et al. 2004; Vlahovic et al. 2009).

Loss-of-function murine models of Vegf-A, Vegfr1, and Vegfr2 are embryonically lethal. Vegf-A+/− and Vegfr1−/− mice die at embryonic day 10.5 (E10.5) or E8.5, respectively, from abnormal differentiation of blood islands and disorganized vasculature (Fong et al. 1995; Carmeliet et al. 1996). Vegfr2−/− mice die at E8.5–E9.5 with absent yolk sac blood islands due to blocked migration of angioblasts (Shalaby et al. 1995). To better mimic IHs, a mouse model was generated using hemangioma-derived stem cells implanted into immuno-deficient mice. This results in formation of hemangioma-like lesions that involute into fatty tissue (Khan et al. 2008), mimicking their evolution. This elegant model may help identify molecular mechanisms underlying IH and to develop and test new therapies.

VENOUS ANOMALIES

With an incidence estimated at 1/5000–1/10,000, venous anomalies are among the most frequent vascular anomalies referred to specialized centers because of morbidity (Boon et al. 1994). The two major subclasses are venous malformation (VM; MIM 600195), accounting for ~95% of venous anomalies, and glomuvenous malformation (GVM; MIM 138000), accounting for the majority of the remaining 5%. Certain syndromes also include venous anomalies, such as Blue rubber bleb nevus syndrome (BRBN; MIM 112200), Klippel–Trenauay syndrome (KT; MIM 149000), and Maffucci syndrome (MS; MIM 166000). The etiopathogenic mechanisms underlying these sporadically occurring syndromes remain unknown.
Venous Malformation

Predominantly sporadic (98%), VM can rarely be inherited (named mucocutaneous venous malformation; VMCM) (Boon et al. 1994). VMs are soft, compressible, light-to-dark blue lesions that mainly occur on skin and mucosa (Fig. 1B) and often infiltrate underlying tissues, muscles, and joints (Dompmartin et al. 2010). They can be painful, but not on palpation (Boon et al. 2004). Whereas VMCM patients usually present small, multifocal lesions, those in sporadic patients are mostly large and unifocal and infiltrate more often into underlying tissues (Fig. 1B) (Boon et al. 1994; Vikkula et al. 1996; Wouters et al. 2010). In 42% of patients, VM is associated with elevated D-dimers. This correlates with the size and depth of the lesion and the presence of phleboliths (Dompmartin et al. 2008, 2009). Histologically, VMs are characterized by enlarged channels covered by a single layer of endothelial cells and irregular patchy vascular smooth muscle cells (vSMCs) (Vikkula et al. 1996).

VMCM is mediated by mutations in the endothelial-cell-specific tyrosine kinase receptor TIE2 (TEK), on chromosome 9p21. So far, eight activating mutations have been described in 17 families (Vikkula et al. 1996; Calvert et al. 1999; Nobuhara et al. 2006; Wouters et al. 2010). Among these, R849W is the most frequent, accounting for 60%. A somatic second hit has also been identified in lesion-derived cDNA from a patient carrying the inherited R849W mutation. The somatic mutation partially deletes the Ig2 ligand-binding domain of the wild-type allele, resulting in loss of function (Limaye et al. 2009). Interestingly, somatic TIE2 mutations have been found in 50% of sporadic VMs (Limaye et al. 2009; J Soblet, N Limaye, M Uebelhoer et al., unpubl.). About 70% of unifocal VMs had an L914F change, which has not been seen as an inherited mutation. This suggests it to be too deleterious when germline. Another 20% had pairs of mutations occurring in cis, which seem to be enriched in multifocal, sporadic VM (Limaye et al. 2009).

Three known ligands bind TIE2: angiopoietin 1 (ANGPT1), angiopoietin 2 (ANGPT2), and angiopoietin 4 (ANGPT4; Angpt3 in mice) (Maisonpierre et al. 1997; Valenzuela et al. 1999). Whereas ANGPT1 activates TIE2 phosphorylation, ANGPT2 is considered a context-dependent modulator of TIE2 activity (Gale et al. 2002; Yuan et al. 2009). Upon ligand binding, TIE2 receptors dimerize and cross-phosphorylate, resulting in the activation of the PI3K/Akt and MAPK pathways, which modulate EC survival, proliferation, and migration, as well as tube formation and sprouting (Kontos et al. 1998; Harfouche et al. 2003). All of the VM-mutant forms induce ligand-independent hyperphosphorylation of the receptor in vitro, to widely varying degrees (Vikkula et al. 1996; Calvert et al. 1999; Limaye et al. 2009; Wouters et al. 2010), without causing EC proliferation (Vikkula et al. 1996; Calvert et al. 1999). Thus, it is unknown how they cause lesions.

The R849W mutant maintains an ShcA-and pAkt-mediated prosurvival effect on ECs (Morris et al. 2005), which could explain their abundance in lesions and the increased instability of tube formation by HUVECs expressing mutant TIE2 in vitro. R849W-TIE2 also induces STAT1 activation in HUVECs (Hu et al. 2008) and increased STAT3 and 5 activation in HEK293 (Korpelainen et al. 1999). On the other hand, ANGPT1 stimulation of TIE2 can induce expression of apelin, a ligand for the G-protein-coupled receptor APJ, which regulates blood vessel caliber (Kidoya et al. 2008).

The ANGPT1–TIE2 system also up-regulates hepatocyte growth factor (HGF) secretion to induce vSMC recruitment (Kobayashi et al. 2006). HGF might therefore have a role in the impaired vSMC recruitment and relative lack of vSMCs in VMs. Finally, TIE2 can form heteroduplexes with TIE1, which plays an inhibitory role by down-regulating ANGPT1-TIE2-mediated Akt and MAPK phosphorylation (Hansen et al. 2010; Seegar et al. 2010). It is also necessary to distinguish between the agonistic and antagonistic effects of ANGPT2 on TIE2 signaling (Seegar et al. 2010).

Targeted gene disruptions of Tie2, Angpt1, or Angpt2 in mice result in profoundly defective remodeling and maturation of blood vessels during angiogenesis. Tie2-deficient mice die at
mid-gestation with insufficient remodeling of the primary capillary plexus (Dumont et al. 1994; Sato et al. 1995). Angpt1−/− mice die by E12.5 with a similar phenotype, and reduced association of ECs with SMCs and underlying matrix (Suri et al. 1996). Mice overexpressing Angpt1 in the skin develop more, larger, and more highly branched vessels (Suri et al. 1998). Angpt2−/− mice die perinatally from defective remodeling and lymphatic dysfunction. Poor retinal vascularization is observed (Gale et al. 2002). Transgenic overexpression of Angpt2 has similar effects as Angpt1 deficiency (Maisonpierre et al. 1997), supporting the hypothesis that Angpt2 can block the activating effect of Angpt1 by acting as a natural antagonist.

Current treatment of VMs is based on destruction of abnormal vessel lumens by sclerotherapy (with alcohol or other agents toxic to the endothelium), or removal by surgery. Depending on anatomic location, both approaches may be of limited use, and regrowth is often seen. Therefore, there is great need for better treatments. To this end, we are generating mouse models that carry the common inherited or somatic Tie2 mutation, the expression of which can be modulated using Cre-recombinase. If following induction they develop VMs, these mice can be used to study etiopathology as well as potential rescue, either by using known TIE2 inhibitors (Semones et al. 2007; Mori et al. 2008) or by screening for novel small molecule inhibitors. This would allow for the development of more effective, targeted therapies.

Glomuvenous Malformation

Glomuvenous malformations (GVMs) are raised, pink to purple–blue, often cobblestone-like lesions. They are mostly located on the extremities and involve the skin and subcutis, but rarely the mucosa (Fig. 1C). These multifocal, often hyperkeratotic lesions are painful upon palpation and cannot be completely emptied by compression (Boon et al. 2004; Boon and Vikkula 2008).

GVM is inherited as an autosomal-dominant disorder linked to chromosome 1p21-22. It is caused by loss-of-function mutations in glomulin (GLMN/FAP68) (Brouillard et al. 2002), leading to abnormally differentiated vSMCs called “glomus cells,” around distended vascular channels (Goodman and Abele 1971; Brouillard et al. 2008). Of the more than 30 mutations identified in more than 100 families, 11 account for >80% of patients (Brouillard, et al. 2002, 2005, 2008; O’Hagan et al. 2006; P Brouillard, LM Boon, JB Mullikan, et al., unpbl.). The identification of the first somatic second-hit in a vascular anomaly, a 5-bp deletion in glomulin, provided evidence for a paradoxic mode of inheritance (Brouillard et al. 2002). At present, 13 somatic second-hits have been identified in GVM tissues from patients with an inherited mutation (Brouillard et al. 2002; M Amyere, V Aerts, P Brouillard, et al., unpbl.), showing the need for complete local loss of glomulin function for lesion formation.

Glomulin interacts with the unphosphorylated HGF receptor c-Met. Binding of HGF, a mediator of SMC migration (Taher et al. 2002), to its receptor induces phosphorylation of glomulin and its release from the receptor. Up-regulation of the p70S6 kinase, a downstream target of PI3K, ensues (Grisendi et al. 2001). Glomulin also interacts with Cul7, forming an Skp1–Cul1–Fbox (SCF)–like complex, which may have a role in protein degradation via ubiquitination (Arai et al. 2003).

Glomulin is specifically expressed in vSMCs and seems to be involved in their differentiation (McIntyre et al. 2004). The transforming growth factor-β (TGF-β) signaling pathway is important for vSMC differentiation (Chen et al. 1997). TGF-β signaling can be inhibited by binding of the FK506 binding protein 12 (FKBP12) to the TGF-β type I receptor (TβRI) (Grisendi et al. 2001). In vitro, glomulin can interact with FKBP12 (Chambraud et al. 1996; Grisendi et al. 2001). FKBP12–glomulin complex formation is inhibited by FK506 and rapamycin (Chambraud et al. 1996), leading to the hypothesis that glomulin may play a part in the mTOR signaling pathway.

Possible targets for GVM therapy might thus be the TGF-β-signaling pathway and...
Modulators of mTOR. The lack of glomulin in glomus cells may liberate FKBP12 to bind to TβRI, inhibiting TGF-β signaling and differentiation of vSMCs. By sequestering FKBP12 in a complex unable to bind the receptor, rapamycin might counteract this inhibition. On the other hand, the absence of a possibly inhibiting FKBP12–glomulin complex may lead to an elevated mTOR activity. Rapamycin, a potent inhibitor of mTOR, could rescue this as well (Thomas and Hall 1997).

These approaches could complement the current treatment of GVMs, which is based on surgical resection, sometimes combined with sclerotherapy (Boon and Vikkula 2008). We are generating mice with inducible down-regulation of glomulin, which should allow us to generate vSMC precursors that are devoid of glomulin, leading to development of GVM-like lesions. If so, these mice could be used to study modulators of SMC differentiation for the treatment of GVMs (P Brouillard, pers. comm.).

CAPILLARY MALFORMATION

Capillary malformations (CM; MIM 163000), commonly called “port-wine stains,” are the most common cutaneous vascular malformations, affecting 0.3% of newborns (Jacobs and Walton 1976). Lesions appear sporadically as flat, red-to-purple stains that mainly involve the head and neck (Fig. 1E). They consist of dilated capillary-like vessels, sometimes increased in number (Boon and Vikkula 2008).

CM with Arteriovenous Malformation (CM-AVM)

A distinct subentity of CM, CM associated with arteriovenous malformation (CM-AVM; MIM 608354), is characterized by small multifocal red or brownish CMs, often surrounded by a pale halo (Fig. 1E) (Boon et al. 2005; Revencu et al. 2008a). Such CMs are often associated with a fast-flow lesion (30%), such as an arteriovenous fistula (AVF), an AVM (Fig. 1D), or a Parkes Weber syndrome (PKWS) (Revencu et al. 2008a).

Autosomal-dominant inheritance allowed us to identify the responsible gene, RASA1, on 5q13-22 (Breugem et al. 2002; Eerola et al. 2002, 2003). So far, more than 40 truncating loss-of-function mutations have been identified in about 100 families (Eerola et al. 2003; Hershkovitz et al. 2008; Revencu et al. 2008a; N Revencu, LM Boon, JB Mulliken, et al., unpubl.). The phenotypic heterogeneity and slightly reduced penetrance (98%) suggest that a somatic second-hit is involved in lesion formation, as in VMCMs and GVMs.

The encoded protein, p120RasGAP, negatively regulates the Ras/MAPK pathway. Following activation, p120RasGAP is recruited to the cell surface (alone or with Annexin A6), where it inactivates Ras by enhancing its weak intrinsic GTPase activity, generating inactive GDP-bound Ras (Grewal et al. 2005). p120RasGAP plays a role in regulation of cell polarity and motility by interacting with FAK and p190RhoGAP (Kulkarni et al. 2000). It also protects cells from apoptosis by binding to Akt (Yue et al. 2004). Furthermore, it can inhibit the Rho-GAP activity of DLC1, thereby decreasing the growth-suppressive activity of the latter (Yang et al. 2009). It is unknown which of these pathways are dysfunctional in CM-AVM (Revencu et al. 2008b).

Rasa1+/− mice are normal, but Rasa1−/− mice die in utero at E10.5, from defective vascular development and increased apoptosis (Henkemeyer et al. 1995). The mice mosaic for Rasa1−/− and Rasa1+/+ cells develop localized vascular dysplasia, underscoring the paradigmatic inheritance of CM-AVM (Henkemeyer et al. 1995). Current therapy of CMs is mainly based on laser. This procedure is painful and requires several sessions, and only limited areas can be treated. Treatment of AVM is even more difficult. Partial surgery and inadequate embolization often aggravate the lesion, and complete surgical resection is rarely possible.

Murine models of CM-AVM may allow for the testing of Ras inhibitors as possible therapies. These include dominant-negative Ras, anti-Ras antibodies, inhibitors targeting the Ras-signaling pathway, and inhibitors directed against PI3K or MEK (Gottfried et al. 2010).
Rapamycin has been shown to inhibit mTOR activation in neurofibromatosis, in which loss of NF1 leads to deregulation of Ras and, in turn, activation of mTOR (Johannessen et al. 2005). Given the homology between NF1 and RASA1, it may be that rapamycin is efficient in CM-AVM.

Cerebral Cavernous Malformation (CCM)

Cerebral cavernous (or capillary-venous) malformations (CCMs; MIM 116860) occur in ~0.5% of the population. They are mostly sporadic (80%) but can occur as an autosomal-dominantly inherited trait (20%). Patients often have seizures, headaches, neurological problems, and cerebral hemorrhages, although some are asymptomatic (Rigamonti et al. 1988; Revencu and Vikkula 2006). Lesions are mostly localized in the brain, but also in the spinal cord and the retina, and are sometimes accompanied by cutaneous vascular lesions. Although sporadic patients usually have a single lesion, familial CCMs are characterized by multifocal lesions (Revencu and Vikkula 2006). Histologically, CCMs consist of dilated capillary-like vessels surrounded by a defective layer of ECs lacking tight junctions, resulting in inter-EC gaps (Revencu and Vikkula 2006).

Four loci have been identified for the autosomal-dominant CCMs: CCM1 on 7q11-22 with mutations in KRIT1 (KREV1 interaction trapped 1) (Laberge-le Couteulx et al. 1999); CCM2 on 7p13 with mutations in MGC4607 or malcavernin (Liquori et al. 2003); CCM3 on 3q26.1 with mutations in PDCD10 (Bergametti et al. 2005); and CCM4 on 3q26.3-27.2 (Liquori et al. 2006). To date, more than 150 mutations, mostly resulting in loss of function, have been reported in CCM1-3. Like for VMCM and GVM, double-hits have been identified for each of the three CCM genes in a few lesions (Revencu and Vikkula 2006; Riant et al. 2010).

The three CCM proteins interact with each other, with CCM2 acting as a linker between CCM1 and CCM3 (Zawistowski et al. 2005; Voss et al. 2007). They form a complex with MEKK3, the small GTPase RAC1, and ICAP-1α, which acts downstream from the integrin signaling pathway, as well as the p38MAPK pathway (Fig. 2) (Zhang et al. 2001; Uhlik et al. 2003). The interaction of KRIT1 with the small GTPase Rap1 (Serebriiskii et al. 1997; Glading et al. 2007), a known stabilizer of EC junctions, may have a role in the regulation of cell–cell junctions and lead to a defective EC layer in CCMs. Furthermore, CCM1 promotes DLL4–NOTCH signaling, inducing phosphorylation of AKT and inhibiting phosphorylation of ERK, which might explain the elevated levels of phosphorylated ERK in human CCM lesions (Fig. 2) (Wustehube et al. 2010). CCM1, -2, or -3 knockdown in vitro results in increased expression of RhoA, and inhibition of EC tube formation and ECM invasion (Borikova et al. 2010; Stockton et al. 2010).

In zebrafish, lack of CCM1, 2, or 3 results in dilated thin-walled vessels because of abnormal EC sprouting (Hogan et al. 2008; Voss et al. 2009). Ccm1+/− and Ccm2+/− mice are healthy with no vascular lesions, whereas homozygous Ccm1−/− and Ccm2−/− mice die around mid-gestation from vascular defects (Whitehead et al. 2004; Plummer et al. 2006). However, heterozygous Ccm2+/− mice have abnormal vascular leakage in response to VEGF (Whitehead et al. 2009). Ccm1+/− Trp53+/− mice, heterozygous for Ccm1 and deficient for the tumor suppressor Trp53, develop vascular brain lesions similar to those seen in CCM patients (Plummer et al. 2004). Whereas neural- and SMC-specific depletion of Ccm2 has no effect, EC-specific loss of Ccm2 or Pdc10 in mice results in formation of CCMs (Boulday et al. 2009; Whitehead et al. 2009; Chan et al. 2011). The pathways involved in lesion formation are, however, different: Whereas loss of Kr1 or Ccm2 leads to RhoA activation, Pdc10 binds GCKIII (germinal center kinase III) family kinases and plays a role in EC lumen formation (Chan et al. 2011).

Transplantation of CCM1-depleted HUVECs into SCID mice leads to development of an irregular hyperdense vasculature and enlarged vessels. This can be rescued by treatment with the multikinase inhibitor sorafenib, an antangiogenic agent (Wustehube et al. 2010). Antangiogenic therapy might thus be a potential
alternative for surgery, the current treatment for CCM patients. More targeted inhibitors, however, might be beneficial to reduce side effects. On the basis of the biological findings, inhibitors of RhoA or ROCK might be good candidates (Fig. 2). Vascular leakage in Ccm2+/− mice is rescued by treatment with simvastatin, a known inhibitor of RhoA (Whitehead et al. 2009). The chemical inhibitor of ROCK, Y-27632, reverses the CCM phenotype resulting from a CCM1, -2, or -3 knockdown in vitro (Borikova et al. 2010), and the other inhibitor, fasudil, cannot only reverse the effects of CCM1 or 2 deficiency in vitro, but also in vivo in heterozygous mutant mice (Stockton et al. 2010). Fasudil is well tolerated in animals and has already been used in humans for treatment of other diseases (Olson 2008).

Hereditary Hemorrhagic Telangiectasia (HHT)

Hereditary hemorrhagic telangiectasia (HHT; MIM 187300), also known as Osler–Rendu–Weber syndrome, is an autosomal-dominantly inherited disorder with an incidence of 1/5000–1/8000 (Govani and Shovlin 2009). It is characterized by cutaneomucosal and gastrointestinal telangiectasias (Fig. 1F), often associated with multiple AVMs or AVFs in the lungs, liver, brain, or gastrointestinal tract (Govani and Shovlin 2009). Telangiectasias are focal dilatations of post-capillary venules, surrounded by extensive layers of SMCs, with direct connections to dilated arterioles in the absence of an intervening capillary bed. Patients suffer from recurrent and significant epistaxis (Govani and Shovlin 2009).
Four different loci have been linked with HHT: HHT1 on 9q33-34 with mutations in endoglin (ENG) (McAllister et al. 1994); HHT2 on 12q11-14 with mutations in activin receptor-like kinase 1 (ALK) (Johnson et al. 1996); HHT3 on 5q (Cole et al. 2005); and HHT4 on 7p14 (Bayraktutan et al. 2006). Mutations in MADH4 on 18q21.1, encoding SMAD4, cause juvenile polyposis/HHT syndrome (JPHT; MIM 175050) (Gallione et al. 2004). To date, more than 300 mutations in ENG and at least 250 mutations in ALK have been reported, all of which result in haploinsufficiency (Govani and Shovlin 2009).

Endoglin and ALK1 are expressed in ECs and were originally thought to cause HHT via defects in TGF-β signaling: In the presence of TGFBR2, TGF-β1 binds ALK1 or ALK5, which activate SMAD1/5/8 or SMAD2/3, respectively. Although signaling through ALK1 sometimes induces and sometimes inhibits EC migration and proliferation, signaling through ALK5 has an inhibitory effect (Oh et al. 2000; Goumans et al. 2002). ENG modulates this response (Lebrin et al. 2004). It was hypothesized that the abnormal vasculature in HHT resulted from the impaired balance between ALK5 and ALK1 (Goumans et al. 2002; Lebrin et al. 2004). However, in mice, Alk1 is mostly expressed in ECs, whereas Alk5 is expressed in SMCs (Seki et al. 2006). At present, BMP9 and -10 signaling is being recognized as more important for the pathogenesis of HHT. Binding of BMP9 and 10 to ALK1 or ENG, in the presence of BMPRII, inhibits EC proliferation and migration (Fig. 3) (David et al. 2007; Park et al. 2008).

SMAD4 is a ubiquitously expressed intracellular TGF-β receptor signal transducer that binds to SMAD1, -2, -3, -5, and/or -8 and subsequently translocates them to the nucleus (Sirard et al. 1998). Smad4 knockouts die embryonically before E7.5 because of impaired gastrulation (Sirard et al. 1998). The HHT3 and HHT4 genes are likely closely related players with ENG, ALK1, and SMAD4.

Alk1 and Eng knockout mice are embryonically lethal at E10.5–E11.5 (Bourdeau et al. 1999; Oh et al. 2000), whereas heterozygous mice sometimes develop HHT-like lesions (Bourdeau et al. 1999; Srinivasan et al. 2003). Endothelial-cell-specific conditional knockout mice for Alk1 die by E18.5. Embryos have severe vascular malformations comparable with those seen in HHT patients, whereas EC-specific knockouts of Alk5 or Tgfβr2 have no effects (Park et al. 2008). This underscores that the latter might not be needed for ALK1 signaling in HHT.

To develop AVMs in adult mice, an angiogenic stimulus is needed in addition to Alk1 deficiency (Park et al. 2009). Abnormally high VEGF levels in heterozygous Alk–/– mice suggest that VEGF contributes to the HHT phenotype by promoting angiogenesis (Shao et al. 2009). The inducible, EC-specific endoglin knockout has a delay in the development of the vascular plexus and increased EC proliferation. These mice regularly develop AVMs comparable with those seen in HHT patients. Therefore, the formation of AVMs is dependent on angiogenesis and might require a somatic second-hit (Mahmoud et al. 2010). The murine model will help understand how AVMs are formed in vivo and allow for the development of novel therapies.

To date, few therapeutic options exist to limit blood loss in HHT patients: modulation of coagulation and fibrinolysis, embolization, surgical replacement of nasal epithelium, topical application of anti-inflammatory drugs, or hormonal treatment with estrogens or progestones. Some newer trials also exist. The immunosuppresser tacrolimus (FK506) significantly increases mRNA and protein levels of ENG and ALK1 in cultured ECs and was shown to reduce telangiectases and epistaxis in one patient (Fig. 3) (Albíñana et al. 2011). Raloxifene is a selective estrogen receptor modulator (SERM) that has had promising clinical results. In vitro, it increases the expression of ALK1 and endoglin, and has a proangiogenic effect by stimulating tube formation and EC migration (Fig. 3) (Albíñana et al. 2010). However, like other SERMs, it increases the risk of thrombotic events (Mosca et al. 2009).

The VEGF inhibitor bevacizumab (trade name Avastin) can specifically target the
elevated VEGF levels seen in HHT patients (Fig. 3) (Shao et al. 2009). By inhibiting cell proliferation and promoting cell death, it diminishes the number of cells and leads to vessel regression (Carmeliet 2005). Administration of Avastin to HHT patients significantly reduces nose bleeds (Karnezis and Davidson 2011).

Thalidomide inhibits EC proliferation and migration, stimulates recruitment of SMCs, and shows an antihemorrhagic effect (Fig. 3) (D’Amato et al. 1994; Therapontos et al. 2009). In endoglin$^{+/−}$ mice, it is able to normalize excessive vessel sprouting and restore the deficient SMC layer of arteries in the ear in a PDGF-B-dependent manner (Lebrin et al. 2010). Sections of biopsies from nasal mucosa of HHT patients showed increased SMC layers around blood vessels after treatment with thalidomide (Lebrin et al. 2010). The frequency and duration of nosebleeds in thalidomide-treated patients was also significantly reduced (Lebrin et al. 2010). We have similarly treated HHT patients with good response, although with clinical side effects (LM Boon, pers. comm.).

LYMPHATIC MALFORMATION AND LYMPHEDEMA

Lymphatic Malformation

Lymphatic malformations (LMs) are localized, sporadically occurring lesions, often enlarged upon infection. They are composed of dilated lymphatic channels not connected to the lymphatic system but filled with clear fluid (Whimster 1976; Boon and Vikkula 2008). The etiopathogenesis of LM is unknown. Dysfunction of genes expressed during lymphangiogenesis...
and/or in mature lymphatic vessels, including LYVE-1, VEGFR-3, and its ligands VEGF-C and VEGF-D, PROX-1, NRP-2, and ANGPT2, are potential candidates. While awaiting a specific treatment for LMs, rapamycin, an inhibitor of mTOR, has been used in a case series of six patients (Hamill et al. 2011). Rapamycin and its analogs, however, have a variety of side effects, such as immunosuppression, mucositis, pneumonitis, hyperglycemia, hyperlipidemia, and skin rash, and their efficacy and administration should be carefully evaluated.

Primary Lymphedema

Lymphedema (LE) is characterized by diffuse, localized, or extensive swelling, due to defective lymphatic drainage (Fig. 1G) (Dale 1985; Boon and Vikkula 2008). It can be inherited and is classified into primary and secondary lymphedema. Primary lymphedema is of unknown etiology or known genetic cause, whereas secondary lymphedema develops after an extrinsic factor such as trauma caused by surgery or infection to lymphatic vessels.

Primary Congenital Lymphedema

Primary hereditary congenital lymphedema (Nonne–Milroy disease; MIM 153100) mainly affects the legs below the knees (>90%) and is usually present at birth. Prenatal pleural effusion and hydrops fetalis have also been observed (Daniel-Spiegel et al. 2005; Ghalamkarpour et al. 2006). This autosomal-dominantly inherited disorder is caused by missense mutations in the tyrosine kinase domain of the vascular endothelial growth factor receptor 3 (VEGFR3/FLT4), located on 5q35.3 (Irrthum et al. 2000; Karkkainen et al. 2000; Carver et al. 2007; Ghalamkarpour et al. 2009a, b). De novo mutations have been described in patients with sporadic forms of congenital lymphedema or sporadic hydrops fetalis (Ghalamkarpour et al. 2006, 2009a, b; Carver et al. 2007). In one family with recessively inherited lymphedema, a hypomorphic mutation was identified (Ghalamkarpour et al. 2009b). The mutations inhibit phosphorylation of the receptor and prevent downstream signaling (Irrthum et al. 2000; Karkkainen et al. 2000; Ghalamkarpour et al. 2009b). The recessive mutation only diminishes phosphorylation via altered ATP binding, therefore requiring homozygosity to express the phenotype (Ghalamkarpour et al. 2009b).

Vegfr3−/− mice die embryonically at E9.5 because of abnormally organized vessels, fluid accumulation in the pericardial cavity, and cardiovascular failure (Dumont et al. 1998). Heterozygous Vegfr3+/− mice appear normal (Dumont et al. 1998). Transgenic mice overexpressing a soluble form of Vegfr3 in the skin develop a lymphedema-like phenotype characterized by swelling of feet, edema, and dermal fibrosis (Makininen et al. 2001). Despite the lack of lymphatic vessels in several tissues, regeneration of the lymphatic vasculature can be observed later on, indicating that induction of lymphatic regeneration may also be possible in patients.

Adenoviral-based inhibition of Vegfr3 signaling leads to regression of lymphatic capillaries and medium-sized lymphatic vessels in mice under 2 wk of age, whereas no effect is observed after this period (Karpanen et al. 2006). This suggests that antilymphangiogenic therapy may safely be applied to adults. Finally, Chy mice are the animal model of Nonne–Milroy disease. They carry a germline inactivating Vegfr3 mutation leading to swelling of the limbs due to hypoplastic cutaneous lymphatic vessels (Karkkainen et al. 2001).

Missense mutations in GJC2, encoding the gap junction protein connexin 47 (Cx47), have been identified in six families with dominantly inherited, non-syndromic lymphedema (Ferrell et al. 2010). These might cause a disruption of lymphatic flow by altering gap junctions. A family with autosomal-dominant lymphedema associated with choanal abnormality was linked to 1q32-q41, with an intragenic deletion in PTPN14. Homozygous Ptpn14−/− gene trap mice grow slower than wild-type mice, and ~14% develop peritoneal edemas and swelling of the limbs. Lymphatic hyperplasia and capillary leakage can be observed (Au et al. 2010). Other genes that may be implicated in lymphedema are neuropilin-2 (NRP-2), SOX17,
VCAM1, HGF, and its receptor c-MET, for which rare changes have been reported in some patients (Ferrell et al. 2008; Finegold et al. 2008). Moreover, primary congenital resolving lymphedema has been linked to a 6q16.2-22.1 locus (Malik and Grzeschik 2008).

**Late-Onset Lymphedema**

Late-onset lymphedema (Meige disease; 153200) develops around puberty. It can be associated with distichiasis (lymphedema distichiasis, LD; MIM 153400), sometimes accompanied by ptosis (lymphedema and ptosis; MIM 153500) or yellow nails (yellow nail syndrome; MIM 153300) (Fang et al. 2000; Bell et al. 2001; Finegold et al. 2001). Loss-of-function mutations in the Forkhead transcription factor FOXC2 on 16q24.3 have been identified in families with LD (Fang et al. 2000; Bell et al. 2001; Finegold et al. 2001). FOXC2 is implicated in the regulation of angiogenesis and vascular remodeling by controlling the expression of ANGPT2, the TIE2 ligand (Xue et al. 2008); of integrins and fibronectin, interactors with the extracellular matrix (Hayashi et al. 2008); and of Dll4 and Hey2 (Hayashi and Kume 2008).

Heterozygous Foxc2+/− mice are viable and develop generalized lymphatic vessel and lymph node hyperplasia, and rarely hindlimb swelling (Kriederman et al. 2003). They have distichiasis and thus provide an animal model for LD. Homozygous Foxc2−/− mice die embryonically or perinatally with abnormal lymphatic patterning (Winnier et al. 1997). They have increased pericyte investment of lymphatic vessels, because of overexpression of the platelet-derived growth factor b (Pdgfb), as well as agenesis of valves and lymphatic dysfunction (Petrova et al. 2004).

**Hypotrichosis–Lymphedema–Telangiectasia Syndrome (HLTS)**

Hypotrichosis–lymphedema–telangiectasia syndrome (HLTS; MIM 607823) is rare and consists of lymphedema associated with sparse hair and cutaneous telangiectasias. It is mediated by mutations in the transcription factor SOX18, an early lymphatic marker, the gene of which is located on 20q13.33. Autosomal-dominant mutations in the transactivation domain and a homozygous recessive substitution in the DNA-binding domain have been reported (Irththum et al. 2003; Ghalamkarpour et al. 2008).

SOX18 is expressed in ECs, in hair and feather follicles, and in the heart. It can activate transcription of PROX1, an early marker for lymphatic vessel differentiation. PROX1 interacts with the transcription factor MEFC2, which directly regulates the expression of the EC adhesion molecule VCAM1 (Ghalamkarpour et al. 2008). Although SOX18 seems to play a redundant role with SOX7 and 17 for arterio–venous specification, it is essential for lymph/vascular development (Ghalamkarpour et al. 2008). Thus, mice lacking Sox18 die from severe edema and lack of lymphatic EC differentiation from cardinal veins (Pennisi et al. 2000a). Mutations in Sox18 cause cardiovascular and hair follicle defects in ragged (Ra) mice, which have a phenotype similar to the human disorder HLTS. Homozygous Ra mice are naked and perinatally lethal because of generalized edema, chylous ascites, and cyanosis (Pennisi et al. 2000b).

The current therapy for lymphedema consists of complex decongestive physiotherapy to reduce limb volume and maintain the health of the skin and supporting structures. Lymphatic-specific massage and manual lymphatic drainage (MLD), as well as skin care, exercise, and the use of compression bandages, are the gold standard. Occasionally surgery is performed (Rockson 2008). These treatments can cause improvement but are only symptomatic and do not repair the underlying dysfunction.

Growth factor gene therapy might be applicable to lymphedema. Administration of the VEGF-C gene or protein reduces lymphedema in preclinical studies (Szuba et al. 2002). A virus-mediated VEGF-C gene therapy results in the formation of lymphatic vessels in Chy mice (Karkkainen et al. 2001). Adenoviral administration of VEGF-C or VEGF-D to lymph-node-excised mice induces growth of lymphatic capillaries and the formation of functional lymphatic vessels (Tammela et al. 2007).
Moreover, local intradermal transfection of VEGF-C in the hindlimb of rats with secondary lymphedema produces new lymphatic vessels, improves lymphatic drainage, and reduces lymphedema volume (Liu et al. 2008). Because primary lymphedema seems multifactorial and multiple genetic loci are involved, better understanding of the numerous predisposing genetic factors is needed for the development of good models.

CONCLUDING REMARKS

The era of molecular classification of lymphatic and vascular anomalies has clearly dawned. Several genes, mutations in which explain the development of lesions, have been identified. For phenotypes that can be caused by various genes, a molecular name may become useful: for example, “VEGFR3-lymphedema” instead of “Milroy’s disease.” It may, however, be difficult to change the clinical language and the established nomenclature. At any rate, our understanding of the molecular pathways leading to these disorders gives us the possibility of generating murine models that carry exactly the same genetic defects. Such models and our increasing knowledge of the exact alterations and their effects allow us to imagine, design, and develop novel approaches to treatment. While awaiting mutation-specific targeted therapies, the use of known lymphangiogenesis and/or angiogenesis modulators, immunomodulators, and anticancer drugs may provide useful alternatives for faster development of novel therapies, albeit with side effects that need careful monitoring.

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Vascular Anomalies: From Genetics toward Models for Therapeutic Trials

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